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## Challenge Course Elements

Each Challenge Course Element is a stand-alone event and can be experienced individually or combined to create a custom-designed course. As the name Challenge implies, the elements have been created to challenge participants to step beyond their comfort level, build trust, confidence and faith. They are also just plain fun!

### Zip Line

**Description:** Begins with a 35 foot climb on staples, then a transfer to a platform and a ZIP across a meadow on a 200 foot cable. (One adult volunteer from the Guest Group is needed for this element.)

**Challenge Level 1** (easiest). Recommended for all ages – (must meet minimum height and weight requirements below.)

**Timing Estimate:** An average time for 1 participant is about 5 minutes.

**Cost:** \$100 per hour

### Climbing Wall

**Description:** The Wall is approximately 25 feet tall, with hand and footholds to assist the climber. There are two climbing routes, one a little more challenging than the other. With two routes open at once, groups can organize races and other challenges.

**Challenge Level 1** (easiest). Recommended for all ages – (must meet minimum weight requirement below – however, there is no height requirement.)

**Timing Estimate:** An average time for 1 participant is about 3 minutes.

**Cost:** \$50 per hour per route.

### Initiatives and Low Ropes

**Description:** A set of Initiative activities and Low Rope elements which are done as a group and have a goal of creating trust and teamwork within the group. Christian groups can also emphasize faith-building. This event will be custom designed to fit the goals of the group. Low Rope elements include Challenge Wall, Low V, Single Low Cable Walk, and Spider Web. Can be done in groups of 8 – 25 and may be combined with high challenge elements if desired.

**Challenge Level 1** (easiest). Recommended for ages 10 and above - (there are no height or weight requirements.)

**Timing:** The amount of time spent is flexible but requires a minimum of 1 hour, and can be designed to last several hours.

**Cost:** \$25 per hour per group.

### Pipe Dreams

**Description:** This is an obstacle element in which two team members assist each other to walk a 25 foot cable through obstacles of pipes and ropes. This element is designed to build teamwork and trust.

**Challenge Level 2** (requires a medium level of risk taking ability). Recommended for ages 10 and above - (must meet minimum height and weight requirements below.)

**Timing Estimate:** An average time for 1 team is about 10 minutes

**Cost:** \$100 per hour



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### Incline Bridge

**Description:** This is a bridge that is 25 feet off the ground and hanging at an angle. Participants begin with a 25 foot climb, then a transfer to the bridge, which they walk without using hands. The bridge will sway for an extra challenge.

**Challenge Level 2** (requires a medium level of risk taking ability). Recommended for ages 10 and above - (must meet minimum height and weight requirements below.)

**Timing Estimate:** An average time for 1 participant is about 6 minutes.

**Cost:** \$50 per hour

### Vine Walk

**Description:** Begins with a 25 foot climb, then participants walk a cable from one side to the other with the aid of hanging vines.

**Challenge Level 2** (requires a medium level of risk taking ability). Recommended for ages 10 and above - (must meet minimum height and weight requirements below.)

**Timing Estimate:** An average time for 1 participant is about 6 minutes.

**Cost:** \$50 per hour

### Leap of Faith

**Description:** Begins with a 30 foot climb on a towering pine to a small platform. From the platform, participants must leap for a trapeze which seems an impossible jump away. The actual distance of the trapeze is adjustable.

**Challenge Level 3** (requires a high level of risk taking ability). Recommended for junior high age youth and above - (must meet minimum height and weight requirements below.)

**Timing Estimate:** An average time for 1 participant is about 5 minutes.

**Cost:** \$50 per hour

### **IMPORTANT NOTES:**

- All elements (with the exception of Initiatives and Low Ropes) are performed 25 feet or more above the ground. All participants will wear harnesses and helmets, and will be belayed by trained challenge course facilitators at all times.
- Participants, regardless of age, must be a minimum of 4' 7" tall and weigh a minimum of 40 pounds.
- Timing - The number of participants who can participate in an element in an hour is dependent on the risk-taking willingness and physical capability of each individual participant. An attempt has been made to estimate average times, but actual times will vary greatly from group to group. We cannot guarantee that any pre-determined number of participants can go through an element in an hour.